

What to do after a work injury in Pennsylvania

A Guide for Traveling Employees in Pennsylvania

If your job takes you on the road — whether for sales, training, or service calls — and you're injured while traveling for work, you may still qualify for workers' compensation under Pennsylvania law.

✔ Steps to Take After a Travel-Related Injury

- 1. Report the Injury or Accident Immediately**
 - Contact your supervisor or HR right away — even if you're out of town.
 - Follow up in writing (email works fine).
 - Reporting within **21 days** is critical to preserve your rights.
- 2. Seek Medical Attention**
 - Go to the nearest hospital or urgent care.
 - Tell the provider the injury occurred **while traveling for work**.
 - You may have to follow up with an employer-approved doctor within **90 days** of returning.
- 3. Document the Incident**
 - Keep travel itineraries, hotel receipts, or mileage logs showing you were on a work trip.
 - Save all medical records and correspondence with your employer.
- 4. Call a Workers' Comp Attorney**
 - Travel injuries can get complicated — especially if you were out of state.
 - A lawyer can determine whether Pennsylvania or another state's laws apply and make sure you're covered.

🕒 Key Deadlines to Know

- **21-Day Rule:** If you report your injury within 21 days, your benefits can start from the date of the injury.
- **90-Day Rule:** For the first 90 days, you may need to treat with an employer-approved doctor (if they've taken the proper steps). This is also the time period they can issue a temporary acceptance only.
- **120-Day Limit:** You must report your injury within 120 days or risk losing all rights to work comp benefits.

⚠️ Common Mistakes Traveling Employees Make

- Thinking an injury “on the road” isn't covered.
- Only reporting the injury verbally.
- Not saving proof you were on a work assignment.

Wherever your job takes you — your rights travel with you.

📞 **Get Help Protecting Your Claim** If you've been hurt at work, you don't have to go through it alone. Our law firm helps injured workers across PA navigate workers' comp and get the benefits they deserve.

Call Files Law at 215-987-6452

or visit [Meet with Files Law](#) to schedule your **free** consultation today.